

WELCOME

We are so excited to present this free download to you! This Thanksgiving, we are giving you a sample of the brand new design layout for our newest scripture study, *Rooted in Hope*, written especially for you to savor this Advent season in the Word.

Our commit + plan pages are created to help you stay focused this Thanksgiving, bringing the Word into your daily planning. Here are a few useful tips:

1. COMMIT

Begin by journaling. *How will you cultivate your daily habit of lectio divina? How will you prepare for the rushing chaos? How will you slow down and savor this season? How will I grow closer to Christ this Thanksgiving?*

2. PREPARE

List out what matters.
What will you say “yes” to?
What will you say “no” to?

3. PLAN

Use our weekly planner page to prepare for your Thanksgiving week this year. Include your to-dos, our suggested memory verse, and your own prayer requests.

4. JOIN THE COMMUNITY

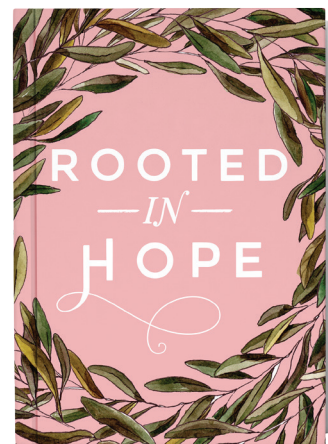
Last, join the community online at takeupandread.org and share your journal pages on Instagram by tagging @takeupandread.

And we'll see you this Advent,
as we share our joys and struggles
through our latest study, *Rooted in Hope*
Available on Amazon!

memory verse

Give thanks to the Lord,
for he is good;
his love endures forever.

1 CHRONICLES 16:34



CULTIVATE

How will I cultivate a daily habit of lectio divina?

When can I plan to make time for the Word, God and myself each day?
 What is my motivation to continue my scripture study practice?

PREPARE

How will I prepare for the rushing chaos?

When do I struggle the most during Thanksgiving?
 How can I bring grace and love to the hard moments?

SAVOR

How will I slow down and savor this season?

How can I remind myself to savor the week?
 What brings me peace when Thanksgiving feels hectic?

GROW

How will I grow closer to Christ this Thanksgiving?

Where will I find quiet moments, alone with God?
 How do I see Christ's fingerprints in my daily life?



I will forgive myself for

I will forgive others for

WEEK OF SUNDAY, NOVEMBER 19

SUNDAY | NOVEMBER 19

Grid of dots for planning on Sunday, November 19.

MONDAY | NOVEMBER 20

Grid of dots for planning on Monday, November 20.

TUESDAY | NOVEMBER 21

Grid of dots for planning on Tuesday, November 21.

WEDNESDAY | NOVEMBER 22

Grid of dots for planning on Wednesday, November 22.

THURSDAY | NOVEMBER 23 | THANKSGIVING DAY

Grid of dots for planning on Thursday, November 23 (Thanksgiving Day).

FRIDAY | NOVEMBER 24

Grid of dots for planning on Friday, November 24.

SATURDAY | NOVEMBER 25

Grid of dots for planning on Saturday, November 25.

celebration ideas

Large grid of dots for planning celebration ideas.

to - dos

Grid for to-dos

memory verse

give + prepare



Grid for memory verse

Grid for give + prepare

prayer requests

Grid for prayer requests